



Stretford
Grammar School
Aspirat primo fortuna labori

Sex and Relationships Education Policy

Ratified by Governors : TBC



Sex and Relationships Education Policy

Date of Review: According to legislative changes.

Member of Staff with overall responsibility: Mr I Nicholson

Governing Sub Committee with Reviewing Responsibility: Curriculum

Rationale

Stretford Grammar School aims to offer all pupils with the opportunity of receiving a comprehensive, well planned programme in accordance with the guidance given in the 'Sex and Relationship Education Guidance circular: DFEE 0116/2000' and taking into account the reviewed national curriculum and relevant acts of parliament. Academies do not have to deliver SRE but must have regard to the statutory guidance on SRE and ensure the well being of all pupils.

Legal Obligations

Stretford Grammar School must provide sex and relationships education for all registered pupils subject to the right of withdrawal. The Headteacher and governing body take such steps to ensure that sex and relationship education is given in such a manner to have due regard to moral considerations and family life, including pupils learning about the nature of marriage and the importance of family life. Within this pupils are protected from teaching and materials which are inappropriate and have regard to the age and religious and cultural background of the pupils.

Information on how to access the policy is published to parents/carers and copies are available free of charge on request.

Parents have the right to withdraw their child from sex and relationships education and as such should inform the Assistant Headteacher – Learning Community of their wish to pursue this.

Aims

The aims of the sex and relationships education policy reflect that pupils should be prepared for adult life and that they can make responsible and well informed choices about their lives. Thus the approach of the school is:

- To stimulate a growing awareness of moral values and to be able to discuss issues such as STIs, abortion, sexual identity, gender identity, contraception and sexual activity
- To teach about the nature of relationships, love and care and the responsibilities of parenthood
- To focus on boys and young men as well as girls and young women
- To build up self esteem so that pupils value themselves
- To equip pupils to avoid being exploited including virtual exploitation on line and grooming
- To equip pupils with the ability to spoke openly and effectively to avoid being pressurised
- To teach the taking of responsibility and the consequences of one's actions in relation to sexual activity and parenthood
- To provide pupils with information on the different forms of contraception, safe sexual practice and how they can access local sources of further advice and treatment
- To give pupils a clear understanding of the issues around delaying sexual activity and avoiding peer pressure
- To link sex and relationships education with issues of peer pressure, and other risk taking behaviour
- To equip pupils to access confidential sexual health advice, support and treatment if necessary
- To ensure that pupils understand how the law applies to sexual relationships
- To combat issues of prejudice and discrimination in relation to sexual and gender identity

Content and Organisation

During the Key Stages in school, pupils receive the majority of Sex and Relationships Education through PSHCE. However, other curriculum areas make significant contributions to sex and relationships education. Specially, all pupils study the physical aspects of sex and relationships education in Science, issue relating to population in Geography and moral and ethical issues in RE.

Key Stage 3

Pupils learn about:

- Developing a healthy, safer lifestyle
- Developing good relationships
- Recognising physical and emotional changes

Year 7

- **Adolescent Relationships**
- **Physical changes during puberty**

- **Positive friendships**
- **The concept of beauty in our society and social norms**
- **Social influences on adolescent behaviour**

Year 8

- **My own identity**
- **Good relationships and being yourself**
- **Dating**
- **Communication and listening**
- **Types of relationships**
- **Gender differences**
- **Tackling homophobic and transphobic language**

Year 9

- **Age and the law**
- **First sexual activity**
- **Peer pressure and sexual conformity**
- **Body image**
- **Homophobia and transphobia**
- **Marriage and living together**

Key Stage 4 and 5

Pupils learn about:

- Developing a sense of self-esteem
- Developing skills for positive and co-existent relationships
- Recognising the sources of help and advice available to them

Year 10

- **Sex and biology**
- **Sexual orientation**
- **The social effects of sexual behaviour**
- **Teenage pregnancy**
- **Health, personal safety and sexual activity**
- **Conflict in personal relationships**
- **Contraception**
- **Sexual rituals of young men and women**
- **STIs**

Year 11

- **Sex and sexual language**
- **Sex and its representation in the media**
- **Out in school and out to friends and family**

Year 12 and 13

- **Review of STIs**
- **Out in school continued**
- **Pregnancy and financial considerations**

Teaching and Learning Styles

The PSHCE lessons use a variety of teaching and learning styles